



X-Ray Examinations

Esophagus, Stomach Duodenum, Small Bowel:

Appointments before 12pm: Nothing to eat or drink from midnight before the examination.

Appointments after 12pm: You may have one cup of tea or coffee and one slice of toast or bread no later than 7:30am. Have nothing else to eat or drink until after the examination.

Colon (All appointment times):

Items to be purchased 2 days prior to exam

Citromag	Ducolax (MINIMUM 3 Tabs)	Ducolax Suppository (1 Tab)
		

- Clear liquids only from noon the day before the examination. This would include black tea or coffee, clear juices, consumes and bouillon.
- One bottle of Citromag at 4pm the day before the examination.
- At least three Dulcolax tablets at 6pm the day before the examination.
- Drink one glass of clear liquid; preferably water, every hour until bedtime.
- Nothing by mouth after midnight until the examination is completed.
- Ducolax suppository on arising in the morning

General Instructions:

Your doctor's instructions must be followed. It is important to take the recommended laxative at the time specified. If unable to take Ducolax tablets then X-prep powder or liquid may be substituted. Since only a limited number of examinations can be done on any one day, it is recommended that if for any reason, you cannot keep your appointment, please notify the X-Ray department immediately so that another patient may take your place. An alternative appointment will then be made for you.