



Abdominal and Pelvis CT Scans

Nothing to eat or drink 4 hours before scan time, except for the gastrografin contrast.

(Allergy Warning: Gastrografin is an x-ray “dye” which is iodine based)

Adults (including children 12 years and older)

30ml bottle

Step 1: Take 10mls of gastrografin in 250 mls (1 cup) of liquid at bedtime before the scan

Step 2: Take 10mls of gastrografin in 250 mls (1cup) of liquid 1.5 hours before the scan time

Step 3: Remaining gastrografin is to be brought to your appointment

Dilution of the gastrografin with a liquid is very important! Mix each gastrografin dose with 250 mls (1 cup) of water or clear juice.